

# LA FOURCHETTE

LUNCH AND DAYTIME MENU

## SNACKS RAPIDES

SIMPLE FRENCH CLASSICS

<b>Soupe à l'Oignon</b> 5.95 Traditional French onion soup topped with toasted croûtons and emmental cheese	<b>Croque Monsieur</b> 7.95 Classic grilled ham and emmental cheese toasted sandwich with a golden creamy topping and frites
<b>Soupe de poisson Marseillaise</b> 6.95 Our famous Marseillaise style fish soup served with baguette croûtons, emmental and rouille	<b>Croque Végétarienne</b> 7.95 Grilled mushroom and emmental cheese toasted sandwich with a golden creamy topping and frites
<b>Soupe de Jour</b> 5.95 See our blackboard or ask for today's fresh soup	<b>Croque Madame</b> 8.95 Add an egg to our Croque Monsieur or Végétarienne

## GRILLADES

WITH SALAD AND FRITES

<b>Steak Haché</b> 9.95 Our own 100% steak burger topped with cheese and our home made relish, add crispy bacon for 75p
<b>Steak Frites</b> 11.95 Local 6oz rump steak char-grilled to your taste finished with thyme, garlic and shallots
<b>Burger Végétarienne</b> 9.95 Grilled field mushrooms topped with French Brie and red onion marmalade
<b>Poulet grillé Frites</b> 10.95 Whole char-grilled supreme of chicken slow marinated with Herbes de Provence

## BAGUETTES

WITH POMME FRITES

<b>4oz Rump Steak</b> 7.95 With rocket, caramelised shallots, thyme and garlic
<b>French Brie</b> 6.95 Brie with sweet onion marmalade and mixed salad
<b>King prawn</b> 7.95 Dressed with marie rose sauce and mixed salad
<b>Classic B-L-T</b> 6.95 Crispy smoked bacon, lettuce & tomato
<b>Grilled Chicken Salad</b> 7.95 Char-grilled chicken dressed with spiced mayo
<b>Gammon Ham</b> 6.95 Gammon ham with fresh salad and tomato

## SPECIALITIES MAISON

FRENCH BRASSERIE CLASSICS

<b>Croquettes artisanales</b> 8.95 Homemade smoked haddock fish cakes with harissa mayonnaise served on mixed leaf salad	<b>Crêpe aux Champignons</b> 8.95 Herb crêpes filled with mushrooms in a cream and white wine sauce served with dressed salad
<b>Pasta au Pesto</b> 9.95 Pasta tossed with fresh basil pesto served with a rocket and fresh parmesan salad and garlic baguette	<b>Poulet Roti au Citron</b> 8.95 Roast leg of chicken with a lemon and thyme dressing, sautéed garlic potatoes and a dressed house salad
<b>Confit de Canard</b> 11.95 Classic confit duck served with creamy pomme puree, braised red cabbage, green beans and red wine jus	<b>Tarte de Fromage de Chèvre</b> 10.95 Grilled goats cheese tart with onion marmalade and wilted spinach served with dressed mixed leaf salad

RESERVATIONS



01803 864499

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### MOULES

#### DEVON MUSSELS

**Moules Frites** 11.95  
Fresh local mussels from the River Teign with a choice of sauces served with pomme frites and half baguette, choose from:

**Marinière** shallots, garlic, fresh herbs and white wine

**Provençale** shallots, garlic, white wine and fresh tomatoes

**Bretonne** shallots, garlic, fresh herbs, white wine and cream

### CLASSIC PIZZA

#### HOME MADE & STONE BAKED

**Classic 12" Margherita** 6.95  
Home made stone baked pizza topped with a rich tomato and herb sauce finished with mozzarella, cheddar and parmesan plus toppings of your choice:

#### Extra toppings 95p

Salami • Capers • Jalapenos • Onion • Olives  
Tomato • Mixed peppers • Anchovies • Mushrooms

#### Extra toppings 1.45

Pepperoni • Parma Ham • Mediterranean Vegetables  
Chilli Beef • Goats Cheese • Prawns • Chorizo •  
Grilled chicken • Crispy Bacon

### DESSERTS

#### INDIVIDUAL HOME MADE DELIGHTS

<b>Belgian chocolate brownie</b> with real vanilla ice cream	4.95	<b>Bread and butter pudding</b> with honeycombe ice cream	4.95
<b>Crème brûlée</b> with homemade macaroon	4.95	<b>Tart au citron</b> with cream and fruit purée	4.95
<b>Apple and pear crumble</b> with crème Anglaise	4.95	<b>Louis XIV Glacé</b> real vanilla ice cream with Louis XIV chocolate	5.95

### SIDE ORDERS

#### TO COMPLIMENT YOUR MEAL

<b>Pomme Frites</b>	2.75
<b>House salad</b>	2.75
<b>Toasted garlic baguette</b>	2.75
<b>Grilled field mushrooms</b>	2.75
<b>French beans with garlic</b>	2.75
<b>Fresh half baguette with butter</b>	1.75

### MENU ENFANT

#### FOR YOUNGER GUESTS

We welcome children of all ages and are passionate about what they eat. Our younger guests deserve food of the same quality and prepared with the same care as everyone else.

All of our dishes are available in smaller portions at three quarters of full menu price or can be shared between two.

### ABOUT OUR FOOD

We take great pride in our food, not only in how we prepare it but in where it is sourced and its sustainability. For the full experience why not return for dinner after 6pm with our head chef James Featherstone.



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