

Plat Du Jour

12-2.30pm

Chef's choice from
the blackboard + free
glass of house wine

La Fourchette

CAFÉ BRASSERIE BAR

Lunch & Dinner Menu

Available Mon-Sat 12-2.30pm & 6.45-10.00pm

01803 864499

Specialités

maison

*See blackboard
for daily specials*

STARTERS & LIGHT DISHES

Soup du jour (see blackboard) with fresh baked organic bread & butter

Marseillaise fish soup with croutons, rouille & gruyère cheese £6.25

Pork tenderloin, pepper & pineapple brochette with pilaff rice & sweet & sour dip £6.85

Roasted duck breast slivers on roast red peppers with raspberry vinegar glaze £6.95

Grilled goats cheese on celeriac with wild rocket, pesto & tomato chutney £6.45

Organic salmon carpaccio with olive oil, lime & caper dressing served with organic wholemeal bread £6.75

MAINS

Duck leg confit served with gratin dauphinoise, red wine jus & garlic green beans £14.45

Homemade 100% steak burger with tomato relish, mayonnaise, mixed salad & french fries £9.95
Add cheese, brie or bacon for £1.00 each

Roast fillet of cod with pesto, wild rocket, sun-dried tomato & spring onion mash potatoes £12.95

Roast rump of lamb baked with Antibes crust with roasted vine tomatoes, pilaf rice & green beans £14.95

Honey roast free range chicken breast with zesty cous cous salad & pineapple salsa £13.95

Butternut squash risotto & toasted pumpkin seeds with wild rocket, parmesan & truffle oil £12.95

Steak Frites with well hung Devon steak, french fries & side salad Rib Eye £14.95 Fillet £18.95
Black pepper, shallot & red wine sauce add £1.20

Sides

French fries £2.75 Creamed mash potato £2.75 Garlic green beans £2.75 Rocket & parmesan salad £3.50
Dressed mixed salad £2.95 Dauphinoise potato £2.75 Fresh organic bread with butter £0.95

DESSERTS

Carrot cake £2.75 Fruit tartlet £4.95

Warm treacle tart £4.25 Raspberry ripple & meringue parfait £4.95

Warm chocolate brownie with vanilla ice cream £4.95 Orange marmalade crème brulée £4.95

Vanilla, honeycombe or chocolate ice cream or raspberry sorbet per scoop £1.45

Add clotted cream or pouring cream each £0.85

Assiette De Fromages

Selection of french cheeses (please ask your server) served with homemade chutney, bread & butter £6.95

Why not enjoy a glass of Muscat de Frontignan with your dessert? 125ml £4.95

www.lafourchettebrasserie.com

Menu pour
les enfants
Children's menu always
available.
Please ask your server
for a menu & crayons

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//////////////////////////////////// **LUNCH** //////////////////////////////////////

LIGHT BITES

- Soup du jour (see blackboard) with fresh baked organic bread & butter
- Marseillaise fish soup with garlic croutons, rouille & gruyère cheese £6.25
- Pork tenderloin, pepper & pineapple brochette with pilaff rice & sweet & sour dip £6.85
- Roasted duck breast slivers on roast red peppers with raspberry vinegar glaze £6.95
- Grilled goats cheese on celeriac with wild rocket, pesto & tomato chutney £6.45
- Organic salmon carpaccio with olive oil, lime & caper dressing served with organic wholemeal bread £6.75

SANDWICHES

- Croque Monsieur - Chef Philippe's ham & gruyère cheese toastie on white bloomer; served with salad £5.95
- Toasted crayfish foccacia with crayfish tails, Marie rose sauce, vine tomato, wild rocket and fries £7.50
- Toasted organic baguette, cherry tomato, spring onion, black olives & gruyère cheese with fries & salad £5.95
..... great with anchovies £6.95
- Fresh baked organic baguette with back bacon, tomato, lettuce & mayo, served with fries £6.95
- Fresh baked organic baguette with French brie, tomato chutney, mayo, & vine tomatoes with fries £6.75
.....served with bacon £7.50

OMELETTES

- Free range egg omelette £4.95
- Choice of fillings: mushroom, ham, cheese, red pepper & red onion each £1.00

//////////////////////////////////// **PIZZA** //////////////////////////////////////

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| Classic Margherita
Mozzarella, oregano, tomato sauce | £6.95 | Parma Ham
Parma Ham, black olives, tomato, mozzarella,
rocket leaves | £9.45 |
| Hawaiian
Ham, pineapple, sweetcorn & mozzarella | £8.95 | Goat's cheese
Goat's cheese, cherry tomatoes, black olives,
spinach pesto | £9.95 |
| Spicy Pepperoni
Pepperoni, jalapenos & mozzarella | £8.95 | Marinara
Anchovies, crayfish, capers, black olives, tomato
& mozzarella | £9.95 |
| Red Pepper
Roast red peppers, red onion, tomato, mozzarella | £8.95 | | |

Our homemade speciality pizza is available at lunch & dinner to eat in or take-away. 20% discount for take-away.